

**Liz Cabot**  
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Work Experience

Educational Consultant, Crittenton Community School (9/08-present). As a contract employee, developed over 40 interactive science lessons for teachers to use with 6-9<sup>th</sup> grade students. During the 2009-10 school year, served as a certified mentor for a teacher as part of the Ohio Department of Education Transition Resident Educator Program. Also created Individualized Education Plans for some of the special education students.

Outreach Teacher, Crittenton Community School (10/03-6/08, part time). Responsible for the educational planning and teaching of 4 middle school students. Work one on one and in small groups to help students who have not had success in a traditional middle school setting.

Consultant, Cabot and Associates, (9/02-10/03). Provided planning, training and facilitation services to enhance employee and organizational performance.

Vice President, Development and Field Support, American Heart Association, Ohio Valley Affiliate (4/98-6/02). Managed the planning, training, and evaluation of a \$20,000,000 annual campaign and the information technology that supports the Association. Responsible for the short term and long range planning to achieve the development campaign in a 3 state region. Direct supervision of 7 management staff. Served as a member of senior management team, and aided with transition of 3 AHA entities into the current Ohio Valley Affiliate in 1998.

Deputy Executive Vice President, American Heart Association, Ohio-West Virginia Affiliate (6/96-4/98). Managed the annual campaign for this 2 state organization and had direct supervision of staff in 5 metropolitan offices in Ohio. Developed short and long term goals in the area of development. Also supervised development staff at the affiliate office.

Director of Education and Community Programs, American Heart Association, Ohio Affiliate (2/90-6/96). Managed the planning, training, implementation and evaluation of health education programs in state office of this national voluntary health agency. Conducted Myers Briggs Type Indicator Training for staff in 7 offices.

Local Health Coordinator, Johnson and Johnson Health Management, Inc. (1986-87, part time). Promoted health education programs for 3 sites in Ohio.

Wellness Coordinator, Coalition for Cost Effective Health Services (1986-87, part time). Managed the Wellness Council for this non-profit agency. Responsible for grant preparation, and educational programs.

Teacher, Upham Hall School, The Ohio State University Hospitals, Division of Child Psychiatry (1976-1986). Taught math and physical education to inpatient adolescents enrolled in the Upham Hall School Program. Prepared individualized educational plans, and served as part of multi-disciplinary treatment team.

Teacher, Columbus Public Schools, Ohio Avenue Elementary School (1972-1975)  
Taught 5<sup>th</sup> and 6<sup>th</sup> grades in this inner city elementary school.

Personnel Technician, Personnel Training, The Ohio State University Hospitals (1970-1972). After starting as a receptionist in the Personnel Department, moved to personnel training and developed and wrote training manuals and employee handbooks.

### Education

Continuing Education Workshops to maintain Educational Certification, Ashland University, 2003-2004  
Successful completion Association for Psychological Type MBTI Training program, 1993  
M.A. Health Education, The Ohio State University, 1987  
M.A. Education, The Ohio State University, 1976  
B.A. Denison University, 1970

### Activities

- Volunteer, Columbus Park of Roses, (2003- present)
- Volunteer: Columbus Public Schools, (2003-2004)
- Board member, OSU & Harding Behavioral Healthcare, (2002- 2007)
- Board member, including 2 years as president of the Alcohol, Drug Addiction and Mental Health Services (ADAMH) board (1991-1999)
- Board member, Diocesan Child Guidance Center (1988-1991)
- Member of multiple state level health planning committees (1990-1995)