

## Julia M. Applegate, MA, MPH (she/her)

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### Bio and Professional Summary

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Julia M. Applegate (she/her) is a Senior Lecturer in the Department of Women's, Gender and Sexuality Studies at The Ohio State University. Ms. Applegate is a skilled educator and experienced presenter who has designed curricula, conducted Train the Trainer programs and presented at local, state, national and international conferences on public health, HIV/AIDS, gender and sexuality topics. Her work centers questions of health equity, diversity, inclusion and belonging-focusing primarily on marginalized and underserved communities, with specific, intersectional focus on the LGBTQIA community.

Julia has worked on numerous federal, state and local grants and is experienced in grant writing and implementation. She has done policy and program development at the local, state and international level as a government and non-profit employee and as a member of a Board of Directors.

As an activist and member of the LGBTQ+ community, Applegate was a founding member of numerous LGBTQ+ sport and cultural institutions in Central Ohio and beyond, including H.I.S. Kings, The Ohio Splash, Scarlet and Gay Alumni Association, The International Drag King Extravaganza, the International Gay and Lesbian Sport Association, the LGBTQ+ Health Initiative in the City of Columbus and the Equitas Health Institute. Julia holds a Masters of Public Health (2020) and a Master of Arts in Women's, Sexuality and Gender Studies (1997) from The Ohio State University.

### Work Experience

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<b>Director/Producer</b> Free Beer Tomorrow	2022 - present
<b>Senior Lecturer</b> The Ohio State University, Department of Women's, Gender and Sexuality Studies	1997 - present
<b>Lecturer</b> The Ohio State University, Office of Academic Affairs	2022-present
<b>Lecturer</b> College of Public Health, The Ohio State University	2024-present
<b>Public Health and Community Planning Consultant</b> Coalition to End Tobacco Targeting	2022-2023

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**Equitas Health Institute, Director** Equitas

Health

2016 –2022

- Lead the development, implementation, and evaluation of Equitas Health Institute’s mission, goals, and objectives;
- Created and set strategic priorities for the Midwest Sexual and Gender Minority Health Research Consortium;
- Oversaw creation and direction of the nationally recognized Transforming Care: LGBTQ+ and HIV Health Equity Conference;
- Developed broad-based LGBTQ+ health curriculum that followed national and international standards of LGBTQ+ Health Education;
- Developed research agenda by partnering with hospitals, academic institutions, public policy organizations, health research institutes, etc.;
- Directed the Institute in the pursuit of local, state, federal funding opportunities;

**LGBTQ Health Program Director**

Columbus Public Health

2013-2016

- Created and directed the LGBTQ+ Health Initiative for the City of Columbus
- Design and implement health disparity and cultural competency curriculum
- Established Greater Columbus LGBTQ Health Coalition
- Conduct community outreach and engagement activities
- Represent Health Department at public speaking and training engagements

**Planning and Evaluation Program Manager**

Columbus Public Health

2012- 2014

- Responsible for development and oversight of a quality improvement program for federal Ryan White Grant
- Co-Chair National HIV Cross Part Care Continuum Collaborative
- Development and oversight of a the Ryan White Part A Planning Council
- Grant writing and review
- Co-chair for H4C – National Quality Center project with HRSA focusing on viral suppression
- Coordinate and conduct Needs Assessment activities

**Expanded HIV Testing Coordinator**

The Ohio Department of Health

2010 –2012

- Recruit, train and monitor 30+ HIV test sites across Ohio
- Develop and maintain statewide HIV testing protocols

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- Present program findings at state, national and international conferences
- Collaborate with community stakeholders

**Consortia Coordinator** 2007 - 2010

The Ohio Department of Health

- Coordinate statewide HIV/AIDS Community Planning Program
- Author and review statewide grant proposals
- Conduct statewide trainings

**Care Coordinator** 2003 - 2007

Central Ohio HIV Care Consortium

- Coordinate emergency financial assistance and community planning for people living with HIV/AIDS in seven county region
- Author and manage Ryan White Planning and Evaluation grant from the Ohio Department of Health

**Adjunct Instructor** 2004- 2006

The Ohio State University, Department of Women's Studies

**Program Specialist** 2000–2002

The Ohio AIDS Coalition

- Design and facilitate statewide and national leadership events
- Institute client advocacy programs

**Adjunct Instructor** 2001- 2002

Wright State University, Department of Women's Studies

**Adjunct Instructor** 1997 –2000

Ohio University and Ohio University Lancaster, Department of Women's Studies

**Leadership & Community Experience**

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- Alumni Advisory Council Member, The Ohio State University
- Expert Advisory Council Member, Project RESIST and Project SMART, Annenberg School of Journalism, University of Pennsylvania
- Dean's Discretionary Fund Grant Recipient, College of Arts and Sciences, OSU
- Spark Grant Recipient, Ohio Humanities
- Ignite Grant Recipient, Ohio Humanities
- Board Member, Section of Sexual and Reproductive Health, American Public Health Association
- Board Member, League of Women Voters, Ohio Chapter
- Gay and Lesbian International Sport Association, Global Co-President
- Founding Board Member of Youth Across Borders, a program of Montana de Luz (orphanage for HIV+ children in Honduras)

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- Gay and Lesbian International Sport Association Delegate to ILGA World Conference, Mexico City, October 2014
- Committee Member, LGBT Educational Curriculum Committee, National LGBT Health Coalition
- OSU LGBT Scarlet and Gay Alumni Society, Founding Member
- Ohio Co-Chair for National HIV/AIDS Strategy HIV Cross Part Care Continuum Collaborative (National Quality Center & HRSA)
- The Ohio Splash, Membership and Outreach Coordinator
- The Power in Our Story, TedX Women Conference, Curator, 2015

## Education

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### MPH, College of Public Health

May 2020

The Ohio State University, Columbus, Ohio

Areas of Concentration: Health Behavior and Health Promotion

### MA, Women's, Gender and Sexuality Studies

June 1997

The Ohio State University, Columbus, Ohio

June 1992

Areas of Concentration: Women and Health, Women and Mass Culture

### B.A. Political Science

Ohio University, Athens, Ohio

Areas of Concentration: International Politics, History, German Language

## Selected Presentations, Publications & Trainings

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- Mehta, T., Applegate, J., Thompson, J., Wahab, R. (2023). **Cultural Competence in the Care of LGBTQ+ Patients: A Primer for Breast/Chest Centers**, Journal of Breast Imaging, forthcoming.
- Coulter-Thompson, E. I., Matthews, D. D., Applegate, J., Broder-Fingert, S., & Dubé, K. (2023). **Health Care Bias and Discrimination Experienced by Lesbian, Gay, Bisexual, Transgender, and Queer Parents of Children With Developmental Disabilities: A Qualitative Inquiry in the United States**. *Journal of Pediatric Health Care*, 37(1), 5-16.
- Ramanadhan, S., Salvia, M., Applegate, J., Machado, A., Scout, N., Gordon, B., ... & Tan, A. (2021, October). **Consultative, stakeholder-engaged health communication research to reduce tobacco use among young adult sexual minority women**. In *APHA 2021 Annual Meeting and Expo*. APHA.
- Applegate, Julia. "Addressing Breast Cancer Disparities in the LGBTQ+ Community through Cultural Humility Training, Structural Competency Assessment, and Community Based Education." *APHA's 2019 Annual Meeting and Expo (Nov. 2-Nov. 6)*. APHA, 2019.
- Applegate, Julia. "Cultural Humility and LGBTQ Communities in the Healthcare Environment." *Leadership in Healthcare and Public Health* (2018).
- **Serving the LGBTQ Community with Cultural Humility**, Presenter, Adolescent Sexual Health Conference, 2015

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- **Health Disparities in the LGBTQ Community**, Presenter, LGBT Diversity and Inclusion Conference, Ohio State Bar Association, 2015
- **Bringing in the Rainbow: Applying an LGBTQ Health Equity Lens to Program Planning and Policy Development at Columbus Public Health**, Presenter, The Ohio State University Diversity and Leadership Symposium, 2015
- **Bringing in the Rainbow: Applying an LGBTQ Health Lens to Program Planning and Policy Development in a Public Health Department**, Ohio Public Health Association, Public Policy Institute, 2015
- **Health Disparities in the LGBTQ Community**, Presenter, Ohio Public Health Association Annual Conference, 2015
- **Making My Health Care the Best it Can Be: A Consumer Driven Panel Discussion**, Moderator, The Ohio AIDS Coalition, Ohio Conference on HIV/AIDS, 2014
- **Bringing in the Rainbow: Integrating LGBTQ Sexual Health Concerns in a Midwestern Health Department**, Panel Presenter, American Public Health Association Annual Conference, 2014
- **Health Disparities in the LGBTQ Community: Providing Culturally Competent Care**, Presenter, Heading Downstream: ACA Meets Cultural Competence, Multiethnic Advocates for Cultural Competence, 2014
- **Customer Non-Discrimination Policy**, Primary Author, Columbus Public Health, 2014
- **Health Disparities in the LGBTQ Community: Providing Culturally Competent Care**, Training Curriculum, delivered repeatedly in medical, social service, educational settings 2013-2015
- **Policy on Gender and Competition**, Author, Gay and Lesbian International Sport Association, 2013
- **Delivery of Culturally Competent Care**, Presenter, Ohio Public Health Association, Public Health Nurses Conference, 2012
- **Culture Change and Expanded HIV Testing**, Poster Presentation, International HIV/AIDS Conference, 2012
- **Delivering Positive HIV Test Results**, Presenter, AIDS Education and Training Center Webinar, 2012
- **STEPS: Living Positive, Being Healthy**, Author, The Ohio Department of Health, 2010
- **Implementation of the Rapid Oral HIV Test and Delivery of Positive Test Results**, Training, delivered repeatedly 2010-2012.
- **Ohio Expanded HIV Testing Protocol**, Author, The Ohio Department of Health, 2010
- **Routine HIV Testing in the Context of Program Collaboration and Service Integration**, Presenter, Ohio Statewide Conference on STI Prevention, 2010
- **Health Disparities in People Living with HIV/AIDS**, Presenter, HIV in Rural Communities Conference, 2009
- **Delivery of Culturally Competent Care**, Paper Presentation, Ohio Public Health Association Conference, 2009
- **Building Bridges, Engagement of HIV+ Consumers in Provider Recruitment in Rural Communities**, Presenter, Health Resources and Services Administration, Ryan White Grantee Meeting, 2008
- **We are Still Here: Voices of HIV+ Youth**, Producer (Audio Recording), Public Radio Exchange, 2007
- **We are Strong Women: Interview of HIV+ Women**, Producer (Audio Recording), Public Radio Exchange, 2006

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- **Gender Norm Exploration (GeNiE) Workshop**, Presenter, National Women's Studies Association Annual Conference, 2002
- **Gender Norm Exploration (GeNiE) Workshop**, Presenter, Ladyfest Chicago and Ladyfest Indiana, 2001
- **International Drag King Community Extravaganza (IDKE)**, Founder, 1999
- **Comparison of stress and stress management strategies between lesbian and heterosexual women**, Contributing Author, Health Care for Women International, 1999
- **Tomboy Tensions in Films for Adolescent Girls**, Master of Arts Thesis, Author, The Ohio State University, 1997

*Professional References Available Upon Request*