

# Hannah Estabrook, MA, LPCC-S

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## ACADEMIC ACHIEVEMENT

**M.A. Counseling**, Grace College, 2007, CACREP accredited, Summa Cum Laude  
**B.A. Psychology**, Cedarville University, 2005

## CREDENTIALS

**Licensed Professional Clinical Counselor, Supervisor Designation (LPCC-S)**  
(Ohio) #E 1200027, current

**Licensed Mental Health Counselor (LMHC)** (Indiana) #39002141A, expired 2014  
**Spiritual Director** (Certified by *Sustainable Faith*).

## EMPLOYMENT

10/2020 - Present

**Executive Director** Sanctuary Night Columbus, OH

Operate drop-in center for women still involved in the prostitution lifestyle. Train and nurture volunteer development. Network with partnering agencies, volunteers, and potential donors.

02/2020 – Present

**Counselor** Porchlight Columbus, OH

Provide individual and group therapy to individuals with personal, social, and emotional concerns. Maintain assessment summaries and case notes. Provide consultation, supervision, and training as requested.

11/2020 – Present

**Pastor** The Abbey Columbus Columbus, OH

Provide pastoral care for members. Teach. Steward initiatives in the neighborhood.

12/2014 - 10/2020

**Coordinator** CATCH Court Columbus, OH

Assess for and oversee treatment needs of victims of human trafficking who are on probation. Facilitate weekly Status Review Hearings according to the standards of the

Supreme Court of Ohio. Ensure that trauma-informed practices are being utilized around the courthouse. Collect and analyze data.

11/2012 – 09/2016

**Therapist** Crossroads Counseling Group Columbus, OH

Provide individual and group therapy to individuals with personal, social, and emotional concerns. Maintain assessment summaries and case notes.

05/2013 – 12/2014

**Community-based Therapist** Ohio Guidestone. Columbus, OH

Provided individual and family therapy to low-income families within the community. Case management tasks included. Maintained paperwork and networked with other organizations in the community. Developed and facilitated training to clinicians.

01/2012 – 12/2012

**Professor's Assistant** Grace College Winona Lake, IN

Facilitated online discussion with master's-level students. Graded papers and projects. Guest lectured.

11/2008 – 06/2010

**Home-based Therapist** Lifeline Youth & Family Services Elkhart, IN

Provided individual, marital, and family therapy within the homes of clients. Collaborated with Department of Child Services and Probation. Kept case notes and court reports for ongoing investigations.

05/2006 – 05/2010

**Counselor** Warsaw Community Care & Counseling Center Warsaw, IN

Provided individual counseling. Co-facilitated therapeutic groups on topics including body image and sexual addiction. Provided preventative seminars for the community on a variety of topics.

09/2005 – 09/2007

**Master's-Level Therapist** Bowen Community Mental Health Center Warsaw, IN

Carried caseload of up to thirty chemically dependent clients, including performing evaluations, keeping all necessary paperwork updated, providing drug screens, communicating with probation officers and DCS workers, and providing individual and group counseling.

## SERVICE EXPERIENCES

12/2018 - 11/2020

**Pastor** Franklinton Abbey Columbus, OH

Provide pastoral care for members. Teach. Steward initiatives in the neighborhood.

04/2014 – Present

**Member** Central Ohio Rescue & Restore Coalition Columbus, OH

Attend coalition meetings and social services sub-committee meetings. Actively engage in coalition's goals and objectives.

11/16-11/19

**Board Member** Lower Lights Ministries Columbus, OH

02/2012 – 12/2014

**Peer Counselor Coordinator** Central Vineyard Church Columbus, OH

Provide peer/lay counseling for folks in the church who had already been assessed to not need clinical care. Provide training to peer counselors. Provide ongoing supervision of peer counselors.

09/2010 – 09/2011

**Volunteer Counselor** Generate Hope San Diego CA

Facilitated therapeutic group for young women rescued from sexual trafficking. Some individual counseling.

## PRESENTATION

Estabrook, H. & Knight, M. (2022, January). *Including the Powerful Presence of Human Trafficking Survivors without Exploiting Them*. Presented at the Ohio Attorney General's Human Trafficking Summit. Columbus, OH.

Lewandowski, L., Estabrook, H., & McConnell, A. (2021, April). *Clinical Practices for Identifying Child Exploitation and Human Trafficking*. Presented at the Ohio Psychological Association annual conference. Columbus, OH.

Estabrook, H. & Zimmerman, Y. (2021, January). *Anti-human Trafficking and Black Lives Matter*. Presented at the Ohio Attorney General's Human Trafficking Summit. Columbus, OH.

Estabrook, H. (2020, February). *Understanding Court Users: Trauma*. Presented at the Ohio Supreme Court. Columbus, OH.

England, G., Estabrook, H. & Perkins, V. (2019, July). *The Impact of Human Trafficking on the Criminal Justice System: The Defendant vs. Victim Paradigm Shift*. Workshop presented at the National Association for Drug Court Professionals National Conference. National Harbor, MD.

Estabrook, H. & Schultz, T. (2018, September). *Posttraumatic Growth & Religious Coping in Participants of CATCH Court, a Problem-Solving Court for Sex Trafficking Victims*. Workshop presented at the Social Justice and Human Trafficking Conference, Toledo, OH.

Estabrook, H. & Pierson, M. (2018, June). *Human Trafficking: Best Practices for the Courtroom and for the Treatment Setting*. Waverly, OH.

England, G., Estabrook, H. & Herbert, P. (2018, January). *Human Trafficking & the Criminal Justice System: The Defendant vs. Victim Paradigm Shift*. Workshop presented at the American Probation & Parole Association's Winter Training Institute, Houston, TX.

Estabrook, H. (2017, November). *Justice that Heals: A Response to Prostitution*. Talk given at TedX Columbus, Columbus, Ohio.

Schultz, T. & Estabrook, H. (2017, September). *Traumatic Backgrounds of Women who have Exited the Prostitution Lifestyle for an Alternative Court Program*. Workshop presented at the International Human Trafficking & Social Justice Conference, The University of Toledo, Toledo, Ohio

Estabrook, H. & Pierson, M. (2017, September) *Sex Trafficking Victims: Best Practices for the Courtroom & for the Clinical Setting*. Workshop presented at the International Human Trafficking & Social Justice Conference, The University of Toledo, Toledo, Ohio.

Estabrook, H., Pierson, M., Haines, P. & Perkins, V. (2017, August). *From Arrest To Success: An Overview Of Holistic Treatment Of Human Trafficking Survivors Within The Restorative Justice System*. Seminar presented at the Addiction Studies Institute, Ohio State University, Columbus, Ohio.

Schultz, T., Estabrook, H., & Eveleigh, E. (2017, April). *Sexual exploitation and religious coping among impoverished women charged with solicitation*. Seminar presented at the annual Christian Association for Psychological Studies Conference, Chicago, Illinois.

Schultz, T., Estabrook, H., Eveleigh, E., Canning, S., Turner, M., Chen, Y., & Dell, A. (2017, April). *Relationships between sexual exploitation, religious coping, and posttraumatic outcomes among participants enrolled in a specialty court program*. Poster session presented at the annual Christian Association for Psychological Studies Conference, Chicago, Illinois.

Estabrook, H., Goodman, M., & Malangone, D. (2016, November). *The Intersection between Prostitution, Human Trafficking, and Victimization among Justice-involved women*. Webinar for National Resource Center on Justice Involved Women.

Estabrook, H. (September 2016). *Human Trafficking in the Court System and Beyond*. Toledo, OH: Annual Human Trafficking & Social Justice Conference.

Schultz, T., Dell, A., & Estabrook, H. Eveleigh, E. & Turner, M. (2016, July). *Sexual exploitation & posttraumatic outcomes among CATCH Court participants*. Poster session presented at the 2016 American Mental Health Counseling Association annual conference. New Orleans, LA.

Estabrook, H. (September 2015). *Beyond Desolate for Victims of Human Trafficking*. Springfield, OH.

Estabrook, H. (July 2015). *CATCH 101: Prostitution & Human Trafficking*. Columbus, OH.

Estabrook, H. (January 2015). *Human Trafficking & God's People: A Familiar Narrative*. Columbus, OH.

Estabrook, H. (August 2014). *Full Circle: Therapy for Victims of Sex Trafficking*. Columbus, OH.

Estabrook, H. (July 2014). *Human Trafficking 101*. Columbus, OH.

Estabrook, H., & Walsh, J. (March 2014). *Lovedrunk: Tools for working with victims of Domestic Minor Sex Trafficking*. Winona Lake, IN.

Estabrook, H. (March 2014). *Disordered Eating & Other Addictions*. Columbus, OH.

Estabrook, H., & Pohl, V. (March 2014). *Healing from Trauma*. Managua, Nicaragua.

Estabrook, H. (February 2014). *Eye of the Beholder: A Seminar on Body Image*. Columbus, OH.

Estabrook, H., & Schultz, T. (November 2013). *Springs of Hope for Sexual Abuse Survivors*. State College, PA.

Estabrook, H., & Schultz, T. (September 2013). *Responding to Allegations of Child Sexual Abuse*. Indianapolis, IN.

Estabrook, H., & Schultz, T. (September 2013). *Beyond Desolate: Tamar's Plea to Counselors*. Nashville, TN.

Estabrook, H., & Schultz, T. (July 2013). *Sorrow Speaks: A Workshop on Sexual Abuse*. Marion, IN.

Estabrook, H. (September 2012-February 2013). *Soul Care: The Art of Peer Counseling*. Columbus, OH.

Estabrook, H. (September 2012). *Beautiful Sexuality: Sexual healing after sexual abuse*. Guest lecture for a Psychotherapy & Trauma class. Winona Lake, IN.

Estabrook, H., & Schultz, T. (September 2012). *Child Sexual Abuse: What dads need to know*. Guest speaker for *Better Dads* podcast. Winona Lake, IN.

Estabrook, H., Kauffman, L., & Smiley, A. (August 2012). *Women's Intimacy Weekend: Prayer & Sex*. Omaha, NE.

Estabrook, H. & Schultz, T. (July 2012). *Beyond Desolate: Hope vs. Hate in the Rubble of Sexual Abuse*. Workshop presented at the *Your Secret Name* conference. Powell, OH.

Estabrook, H., Kauffman, L., & Smiley, A. (March 2011). *4AM Friends: Healthy boundaries in friendships*. San Diego, CA.

Estabrook, H. & Semonis, A. (February 2010). *Critical Issues Facing Youth Culture*. Guest lecture for a Youth Ministry Class. Winona Lake, IN.

Dell, A., & Estabrook, H. (April 2008). *Hungers of the Heart: A Seminar on Loneliness*. Warsaw, IN.

Estabrook, H. & Thornton, B. (March 2008). *Read between the scars: A seminar on self-harm for men and women*. Warsaw, IN.

Estabrook, H., Swanson, B., & Thornton, B. (March 2008). *Disordered Eating or Eating Disorder?* Warsaw, IN.

Estabrook, H. & Smiley, A. (September 2006). *Eye of the Beholder: A Seminar on Body Image*. Warsaw, IN.

## **POSTER PRESENTATIONS**

Schultz, T., Dell, A., Estabrook, H., Eveleigh, E., & Turner, M. (2016, July). *Sexual exploitation & posttraumatic outcomes among CATCH Court participants*. Poster session presented at the 2016 American Mental Health Counseling Association annual conference. New Orleans, LA.

## **PUBLICATIONS**

Estabrook, H. (2022). Do You See This (Wo)Man? Lessons Learned from Sex Workers. In L. McGrow, Ed. *Religious Responses to Sex Work and Human Trafficking: An Outrage Against Any Decent People*. NY: Routledge, 2022.

Estabrook, H. (2022). Should Prostitution Be Decriminalized? *Sojourners*

Schultz, T., & Estabrook, H. (2019). Sexual Violence: Whose Fault Is It? *Christianity Today, The Exchange*.

Estabrook, H., & Schultz, T. (2012). *Beyond Desolate: Hope vs. hate in the rubble of sexual abuse*. Winona Lake: BMH Books.

## **REFERENCES**

**Tammy Schultz, Ph.D.**

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Wheaton College Graduate School  
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