# Larry C. Sowers 6047 Heritage Lakes Drive Hilliard, OH 43026 614.529.3766

email lsowers@columbus.rr.com

## Summary:

Former labor leader with a history of achievement in leadership and administrative positions, aggressive team player and motivator, able to generate positive attitudes and high energy levels, experienced in all aspects of personnel management including hiring, training and evaluating, results oriented and detail minded, views challenges in the workplace as opportunities for further professional growth

## Experience:

Armstrong and Okey, Inc.

2008 - Present

Partner

Ohio State Council of Carpenters

1988-2007

Legislative Advocate/Lobbyist representing 25,000 carpenters including 44 Local Carpenters Unions and 5 Regional Carpenters Councils statewide

Capital District Council of Carpenters

1987-1988

Executive Secretary/Treasurer overseeing union carpentry in the greater Columbus area and the South Central area of Ohio

Carpenters Local Union # 200

President 1978-2007 Business Representative 1975-1987

### Education:

Graduated High School, served four year Apprenticeship Carpentry, attended George Meany Labor Studies Center, Washington, D.C.; attended Labor Law and Economic trends in the building industry, Ohio State University; attended Federal Mediation and Arbitration Studies, Franklin University, attended numerous training seminars for Workers Compensation, workers safety and news media relations

#### **Boards and Commissions:**

Former Board Member, Ohio AFL-CIO, former Board Member, Ohio State Building & Construction Trades Council, former Board Member, Capitol Square Review and Advisory Board, currently Commissioner, Ohio Rail Development Commission