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Title: To declare August “Breastfeeding Awareness Month 2012,” and to remind Columbus residents that “the road to lifelong health begins with breastfeeding.”

Sponsors: Priscilla Tyson, Hearcel Craig, Zach M. Klein, A. Troy Miller, Michelle M. Mills, Eileen Paley, Andrew Ginther

Indexes:

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Attachments:

Date	Ver.	Action By	Action	Result
8/1/2012	1	CITY CLERK	Attest	
7/31/2012	1	MAYOR	Signed	
7/30/2012	1	COUNCIL PRESIDENT	Signed	
7/30/2012	1	Columbus City Council	Adopted	Pass

To declare August “Breastfeeding Awareness Month 2012,” and to remind Columbus residents that “the road to lifelong health begins with breastfeeding.”

WHEREAS, optimal nutrition is of vital significance in the early months and years of life and has a lifelong impact on health; and

WHEREAS, exclusive breastfeeding for the first six months of life and continued breastfeeding, along with appropriate complementary feeding at six months and beyond, ensures that both mothers and infants receive maximum health benefits; and

WHEREAS, breast milk is physiologically tailored to meet infants’ maturing digestive systems, ensuring proper growth and development; and

WHEREAS, breast milk helps prevent a variety of infections and many chronic diseases, including diarrhea, asthma, diabetes, obesity, and certain childhood cancers; and

WHEREAS, the theme of this year’s Breastfeeding Awareness Month is “The Road to Lifelong Health Begins with Breastfeeding,” and the promotion of this message supports the city’s efforts to improve public health in our community; now, therefore

BE IT RESOLVED BY THE COUNCIL OF THE CITY OF COLUMBUS:

That this Council does hereby declare August “Breastfeeding Awareness Month 2012” in Columbus, because “the road to lifelong health begins with breastfeeding.”