



# City of Columbus

Office of City Clerk  
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## Legislation Text

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To declare February 6, 2016 as Wear Red Day in Columbus, and to raise awareness of cardiovascular disease as the leading cause of death among women

**WHEREAS**, Heart disease is the Number 1 killer of women yet, eighty percent of cardiac events can be prevented; and

**WHEREAS**, cardiovascular diseases and stroke kill one woman every 80 seconds in the U.S; and

**WHEREAS**, ninety percent of women have one or more risk factors for developing heart disease, yet only one in five American women believe that heart disease is her greatest health threat; and

**WHEREAS**, since 1984, more women than men have died each year from heart disease; and

**WHEREAS**, women are less likely to call 911 for themselves when experiencing symptoms of a heart attack than they are if someone else were having a heart attack; and

**WHEREAS**, Only 36% of African American women and 34% of Hispanic women know that heart disease is their greatest health risk, compared with 65% of Caucasian women; and

**WHEREAS**, women involved with the American Heart Association's Go Red For Women movement live healthier lives, nearly ninety percent have made at least one healthy behavior change; and

**BE IT RESOLVED BY THE COUNCIL OF THE CITY OF COLUMBUS:**

That this Council recognizes the importance of the ongoing fight against heart disease and stroke, and does hereby declare February 6, 2016, as Wear Red Day in Columbus.

**BE IT FURTHER RESOLVED** that this Council urges Columbus residents to wear red in recognition of family, friends, and neighbors who have suffered from heart disease, and as a show of support for women and cardiovascular health.