



# City of Columbus

Office of City Clerk  
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## Legislation Text

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To declare February 7, 2014 to be Wear Red Day in Columbus, and to raise awareness of cardiovascular disease as the leading cause of death among women.

**WHEREAS**, currently some 8 million women in the U.S. are living with heart disease, yet only one in six American women believes that heart disease is her greatest health threat; and

**WHEREAS**, cardiovascular diseases are the leading cause of death among women over the age of twenty, killing approximately one woman every minute; and

**WHEREAS**, ninety percent of women have one or more risk factors for developing cardiovascular disease, and

**WHEREAS**, since 1984, more women than men have died each year from cardiovascular disease and the gap between men and women's survival continues to widen; and

**WHEREAS**, Go Red For Women is the American Heart Association's national call to increase awareness about heart disease-the leading cause of death for women-and to inspire women to take charge of their heart health; and

**WHEREAS**, all women should learn their own personal risk for heart disease, using tools such as the American Heart Association's My Life Check and by developing a preventive orientated relationship with their primary healthcare provider and

**WHEREAS**, making the right choices relating to proper nutrition, physical activity, and other healthy lifestyle choices are essential to living a heart healthy life; and

**BE IT RESOLVED BY THE COUNCIL OF THE CITY OF COLUMBUS:**

That this Council recognizes the importance of the ongoing fight against heart disease and stroke, and does hereby declare February 7, 2014, to be Wear Red Day in Columbus.

**BE IT FURTHER RESOLVED**, that this Council urges Columbus residents to wear red in recognition of family, friends, and neighbors who have suffered from heart disease and as a show of support for women and cardiovascular health.