Legislation Text

File #: 0139X-2013, **Version:** 1

To honor Get Active Columbus together with FLIP, Fight Live Inspire Prevention and dedicate July 2013 as Get Active Enthusiasm Month in Columbus.

WHEREAS, The City of Columbus together with Columbus Public Health is dedicated to healthy eating and Active Living as part of its comprehensive plan to tackle the obesity epidemic, and promote cancer prevention; and

WHEREAS, The City of Columbus is creating an environment that supports healthier eating and physical activity through collaboration with non-profit, private and neighborhood organizations; and

WHEREAS, Columbus City Schools reported that 29 % of kindergarteners, 38% of third graders and 47 % of fifth graders were overweight or obese during the 2009-2010 school years; and

WHEREAS one-third of adults who are Franklin County residents are obese; and

WHEREAS, Columbus Public Health's Get Active initiative and Fight, Live, Inspire, Prevent (FLIP), a local cancer prevention organization have similar goals in changing how people view healthy food and physical activity by connecting the public to information and events; and

WHEREAS, Get Active Enthusiasm Month brings together the partnership of Get Active Columbus, including the Mayor's Bike Columbus Twilight Ride on July 12th, and FLIP's 5k run on July 13th in order to promote healthy living throughout Columbus communities; and

WHEREAS, FLIP and Get Active Columbus seeks to engage local communities further by dedicating a month to educating the public and giving back to the community through information and reasonable and effective lifestyle adjustments; and

WHEREAS, the City of Columbus together with local communities to celebrate Get Active Enthusiasm Month in July; therefore,

BE IT RESOLVED BY THE COUNCIL OF THE CITY OF COLUMBUS:

That this Council does hereby recognize July as Get Active Enthusiasm Month in Columbus and urge all residents to change the way they think about Active Living, healthy eating, and cancer prevention through small yet significant changes.

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