



# City of Columbus

Office of City Clerk  
90 West Broad Street  
Columbus OH 43215-9015  
columbuscitycouncil.org

## Legislation Text

---

**File #:** 0049X-2009, **Version:** 1

---

To recognize may 2009 as National Aquatics Month in the City of Columbus.

WHEREAS, individual and organized forms of recreation and the creative use of free time are vital to the happy lives of all our citizens; and

WHEREAS, education, athletic, and recreation programs in the City of Columbus encompass a multitude of activities that can result in personal accomplishment, self-satisfaction and family unity for everyone, regardless of their background, ability level or age; and

WHEREAS, residents of Columbus should recognize the vital role that safe swimming and aquatic-related activities play in good physical and mental health and enhancing the quality of life for all people; and

WHEREAS, swimming provides lasting health benefits, including improved cardiovascular fitness, stronger muscles, and greater flexibility and is especially beneficial for pregnant women, the overweight and those rehabilitating from physical injuries; and

WHEREAS, the City of Columbus currently offers open swim, swimming lessons, lifeguard training and other exciting programming opportunities at four public outdoor pools and one indoor aquatics center, all of which provide safe and healthy aquatic recreational options; and

WHEREAS, the City of Columbus is extremely proud of the contribution of its swimming facilities, aquatic programs and other related activities to providing a safe and healthy place to learn and grow, to build self esteem, confidence and a sense of self worth, and are a fun source of exercise and social interaction; now, therefore

BE IT RESOLVED BY THE COUNCIL OF THE CITY OF COLUMBUS:

That this Council hereby recognizes May 2009 as National Aquatics Month in the City of Columbus.