

## City of Columbus

Office of City Clerk 90 West Broad Street Columbus OH 43215-9015 columbuscitycouncil.org

## Legislation Text

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To recognize the importance of mental health awareness and to celebrate May 2015 as National Mental Health Month

WHEREAS, mental health is essential to everyone's overall health and well-being; and

WHEREAS, everyone experiences times of difficulty and stress in their lives; and

WHEREAS, the National Alliance on Mental Illness of Ohio was created in 1982 by a small dedicated group of family members to provide mutual support, education, and advocacy for individuals and families affected by serious brain disorders; and

WHEREAS, NAMI Ohio has an outstanding history of affecting public policy and legislation regarding care and resources for persons with serious mental illness; and

WHEREAS, mental health conditions are real and prevalent in our nation; and

WHEREAS, prevention is an effective way to reduce the burden of mental health conditions; and

WHEREAS, with effective treatment, those individuals with mental health conditions can recover and lead full, productive lives; and

WHEREAS, May has been designated as National Mental Health Month, a time dedicated to focusing national attention on the importance of mental health, and to recommit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions. Now therefore;

## BE IT RESOLVED BY THE COUNCIL OF THE CITY OF COLUMBUS:

That this Council does hereby recognize and celebrate May 2015 as National Mental Health Month in the City of Columbus.