



Legislation Text

File #: 0016X-2018, **Version:** 1

To declare Friday, February 2, 2018 as Wear Red Day in the City of Columbus, and to increase awareness regarding cardiovascular disease as the leading cause of death among women.

WHEREAS, cardiovascular diseases are the Number 1 killer of women yet, eighty percent of cardiac events can be prevented; and

WHEREAS, cardiovascular diseases and stroke kill one woman every 80 seconds in the U.S.; and

WHEREAS, ninety percent of women have one or more risk factors for developing heart disease, yet only one in five American women believe that heart disease is her greatest health threat; and

WHEREAS, since 1984, more women than men have died each year from heart disease; and

WHEREAS, women are less likely to call 911 for themselves when experiencing symptoms of a heart attack than they are if someone else were having a heart attack; and

WHEREAS, only 36% of African American women and 34% of Hispanic women know that heart disease is their greatest health risk, compared with 65% of Caucasian women; and

WHEREAS, women involved with the American Heart Association's Go Red For Women movement live healthier lives, and motivate other women to learn their family history and to meet with a healthcare provider to determine their risk for cardiovascular diseases and stroke; and

WHEREAS, increasing awareness, speaking out about heart disease, and empowering women to reduce their risk for cardiovascular diseases, can save thousands of lives each year; now, therefore,

BE IT RESOLVED BY THE COUNCIL OF THE CITY OF COLUMBUS:

That this Council recognizing the importance of the ongoing fight against heart disease and stroke, does hereby proclaim Friday, February 2, 2018 to be NATIONAL WEAR RED DAY® - moreover, the City of Columbus urges each of its citizens to show their support for women and the fight against heart disease by commemorating this day by wearing the color red.

BE IT FURTHER RESOLVED that this Council urges Columbus residents to wear red in recognition of family, friends, and neighbors who have suffered from heart disease and as a show of support for women and cardiovascular health.