



City of Columbus

Office of City Clerk
90 West Broad Street
Columbus OH 43215-9015
columbuscitycouncil.org

Legislation Text

File #: 0016X-2023, **Version:** 1

To declare February 3, 2023 as National Wear Red Day in the City of Columbus

WHEREAS, cardiovascular disease affects men, women, and children of every age and race in the United States (U.S.); from 2019-2020, deaths from heart disease increased by 4.8%, the largest increase in heart disease deaths since 2012, and stroke deaths increased in the same period by 6%; cardiovascular disease continues to be the leading cause of death in the U.S, and

WHEREAS, individuals in the U.S. have made great progress in reducing the death rate for cardiovascular disease, but this progress has been more modest with respect to the death rate for cardiovascular disease in women and minorities; and

WHEREAS, cardiovascular diseases are the number one killer of women in the U.S., killing more women than all forms of cancer combined; and cardiovascular disease is the leading cause of maternal death in the U.S., or more simply put, heart disease is the No. 1 killer of new moms; and

WHEREAS, women, especially Black and Hispanic women, are disproportionately impacted by heart disease and stroke and research shows heart attacks are on the rise in younger women. Yet younger generations of women are less likely to be aware of their greatest health threat, including knowing the warning signs of heart attacks and strokes; and

WHEREAS, a woman is less likely to receive CPR from a bystander than a man, and men have 23% higher odds of surviving a sudden cardiac arrest than women; and

WHEREAS, the American Heart Association's Go Red for Women[®] movement motivates women to learn their family history and to meet with a healthcare provider to determine their risk for cardiovascular diseases and stroke; and

WHEREAS, the American Heart Association encourages every citizen to be the beat for someone you love by becoming a lifesaver and learning the skill of Hands-Only CPR today, now therefore;

BE IT RESOLVED BY THE COUNCIL OF THE CITY OF COLUMBUS:

That this Council does hereby recognize Friday, February 3, 2023 to be **National Wear Red Day[®]** in Columbus, Ohio and urge all citizens to show their support for the fight against heart disease by commemorating this day and wearing the color red.